

**\*\*About Maggie Tisserand**

**Maggie Tisserand** has been involved with aromatherapy since the early 1970s. As a young mother studying all aspects of natural health, she utilized essential oils in bringing up her three children without recourse to antibiotics or other allopathic medicines: it was this practical knowledge that formed the basis of her first book *Aromatherapy for Women*. Maggie has written / co-authored four other books on aromatherapy and is currently involved with the publication of a sixth book, entitled *Aromatherapy vs. MRSA - antimicrobial essential oils to combat the superbug*.

Maggie was, in 1989, the first aromatherapy speaker in Japan, and has lectured in Kyoto, Osaka and Tokyo. For the past six years Maggie has been working alongside university microbiologists to determine which essential oils worked most effectively against the hospital superbug – MRSA – and with encouraging results Maggie went on to research and develop a unique combination of thyme oils known as Benchmark Thyme and is founder of Benchmark Oils, the trading company for the blend - see [www.benchmark-thyme.com](http://www.benchmark-thyme.com)